

Weekly Program School for Life Chiang Mai - School year 2016-17

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
05:20 a.m.	Getting Up						
05:30 a.m.	Do exercise and jogging (some duty students cook breakfast)						
06:00 a.m.	Family House and Village Area Cleaning (some duty students cook breakfast)						
06:30 a.m.	Shower and Dress School Uniforms					Getting up	
07:30 a.m.	Breakfast in Canteen						
08:00 a.m.	Flag Ceremony						
	Thai Tales Regional Languages	Meditation & Dance	News Reports by Students	Mental Arithmetic	Traditional Moral & Ethics		
09:00 a.m.	School Lessons	School Lessons	School Lessons	School Lessons	School Lessons	Club for Traditional Thai Music & Dance	Possibility for Church Visit
10:00 a.m.	Major Subjects	Major Subjects	Major Subjects	Major Subjects	Major Subjects		
11:00 a.m.	some duty students cook lunch						
11:00 a.m.	some duty students cook lunch						
12:00 a.m.	Lunch in Canteen						
	<i>1st Term</i>					<i>All Terms</i>	
01:00 p.m.	School Lessons	School Lessons	School Lessons	School Lessons	School Lesson	e.g. Careful House & House Area Cleaning, Laundry	e.g. Excursion to Places in the Surrounding
02:00 p.m.	Problem based Learning	Problem based Learning	Organic Gardening	Problem based Learning	Problem based Learning		
03:00 p.m.	<i>only M1-M3</i>		<i>2nd Term</i>				
01:00 p.m.	Hotel Management Project (M1-3)	School Lessons Problem based Learning	School Lessons Boys/Girls Scouts	School Lessons Problem based Learning	School Lessons Organic Gardening		e.g. Visit Museum. Zoo or Other Places
02:00 p.m.							
03:00 p.m.							
04:00 p.m.	Family Life / Sports' Activities (some duty students cook dinner)					Reading, Watching TV, Dancing, Gardening Around Family House	
05:00 p.m.	Family Life / Sports' Activities (some duty students cook dinner)					Reading, Watching TV, Dancing, Gardening Around Family House	
05:30 p.m.	Dinner in Canteen						
06:00 p.m.	Sports' Activities						
07:00 p.m.	Individual Tutoring / Homework / Self Study / House Work				Cinema in Asembly Hall		Individual or Group Activities
08:00 p.m.	Individual Tutoring / Homework / Self Study / House Work				Cinema in Asembly Hall		
09:00 p.m.	Going to Bed				Leisure Time		Going to Bed
10:00 p.m.	Going to Bed				10:30 p.m. Going to Bed		

Problem based learning orientated to seven Centres of Excellence and to School Projects - Centres of Excellence are: Body & Soul, Cultural Heritage & Development, Technology & Ecology, Cultural Sensitive Tourism, International Communcation, Nutrition & Health, Organic Farming